

# RESULTS OF EARLY ACCESS TO CARE AND PREVENTION OF COVID-19 IN A MID-SIZED SAN ANTONIO EMPLOYER

## CASE STUDY

In late 2020, the COVID-19 Delta variant first appeared. This variant is known for being more contagious, have a higher transmission rate, and hospital severity, even affecting people fully vaccinated.

To avoid any severe complications, hospitalizations, and death, **Direct Med Clinic continued its direct approach to care to control the spread of the virus among its employer clients**, including a mid-sized

company in San Antonio, Texas.

This quick approach against the virus enabled the employer, by providing affordable, direct access to medical care, to continue operations, reducing costs, while maintaining its employees' health, resulting in 0 deaths of 56% of the employee population seen with COVID-19, COVID-19 symptoms, exposure and potential exposure.

### THE CLIENT

The company is involved in the design, engineering, and manufacturing of beverage dispensing systems and accessories worldwide. The company is headquartered in San Antonio, Texas. The company has an average workforce of 287 employees.

### THE CHALLENGES

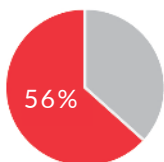
- Maintain healthcare delivery during the height of the new COVID-19 variant.
- Slow the spread of COVID in the workplace.
- Help the client continue operations without compromising the workforce's health.
- Keep people with COVID-19 out of the hospital.

## THE CASE

During the June 2020 - May 2021 period, **161 employees were treated for COVID-19 or COVID-19 like symptoms, (including exposure and potential exposure)**, which translates to 56% of the population, each patient having an average of 3.6 visits, all to avoid further spread

and complications.

These above average and frequent clinic visits demonstrate the access our members had even during the pandemic as a result of using our direct primary care model.



Percentage of employees seen with **COVID-19** or **COVID-19 like symptoms, exposed and potentially exposed.**



**Employees with COVID-19 like symptoms**, such as cough, fever, loss of smell and taste, fatigue, difficulty breathing, headache, sore throat, congestion, muscle ache, or any other related symptoms, **had virtual visits and were given early treatment when Covid was diagnosed.**

COVID-19 testing was available to confirm or rule out infection of the virus, with positive, swift actions taken to avoid spread, hospitalization, or death.

**Employees who were exposed or potentially exposed to the virus were tested to confirm or discard contagion, and offered preventive care** by way of prophylaxis and treatment if needed.

The care team focused on **isolating the employee with confirmed COVID-19, providing immediate supportive care**, and COVID-19 Cocktails like vitamin C, Vitamin D, Quercetin, Melatonin, Zinc, and Ivermectin (when indicated), to have a successful recovery.

## FINDINGS

In the Direct Contracting model, members with chronic disease, many of which are risk factors for COVID-19, have immediate access and continuity of care. Direct Med Clinic prevents problems when possible and treats them as they arise, with in-person and virtual visits. Therefore, Direct Med Clinic was set up to provide personalized and accessible, regular care, even before the pandemic.

**Chronic disease management** was one of the strongest advantages this employer had when partnering with Direct Med Clinic.

51% of the employees in this mid-sized company have at least one chronic disease, and 49% have more than one chronic disease. It is known that these **underlying health conditions can severely affect a patient's clinical outcome when infected with the COVID-19 virus**, increasing the risk of hospitalization, complications, and death.

With **ongoing office visits, virtual visits, labs, and actual direct access to healthcare**, Direct Med Clinic can manage and control the chronic diseases of the employees who need it most, while healing the company's bottom line.

## UTILIZATION AVERAGE ENCOUNTERS PER PATIENT



*National average number of visits in traditional model = 1.6*

Another strong point is the **early access to a clinician to avoid the spread**. Isolating, checking possible exposure and referring to the early use of medicines, like Ivermectin.

[Evidence has shown](#) that [Ivermectin can reduce the number of cases progressing to severe disease and death.](#)

This evidence is backed by many well-known and respectable organizations like FLCCC and EVMS, [which recommend its use](#) based on successful clinical trials and studies.

# OUTCOMES AND DISCUSSION

Thanks to the quick response of Direct Med Clinic against the COVID-19 cases and the spread of the virus in the mid-sized company in San Antonio, Texas, difficult situations were avoided.

With patients following the treatment and recommendations given by the healthcare experts, **Direct Med Clinic was able to prevent**

**the hospitalizations and deaths to 0%**, demonstrating the effectiveness of the actions taken.



Number of hospitalizations and deaths

0

The success was the collaboration of HR with Direct Med Clinic, who followed the early treatment protocols that Direct Med Clinic uses for treatment.

Direct Med Clinic also helped the employer to **lower the utilization of traditional healthcare while increasing the utilization of primary care services.**

Using Direct Med Clinic's direct contracting model gives employees and their dependents increased access to primary care and urgent care services, from the same provider at a fixed cost, even during the COVID-19 pandemic.

This case study highlights how Direct Med Clinic improved the outcomes for members of a mid-sized San Antonio company with COVID-19. By partnering with DMC, companies can provide **affordable healthcare to their employees.**

Following the FLCCC protocols with a Direct Primary Care approach, Direct Med Clinic helped the company **prevent COVID hospitalizations and shortened time to recovery** with early access to the doctor, early treatment and testing, as suggested by recent studies. The study also highlights DMC's approach towards healthcare in a **D**irect, **A**ccessible, **T**ransparent and **A**ffordable manner.

Direct Med Clinic and its **D**irect, **A**ccessible, **T**ransparent, and **A**ffordable approach will bring all the benefits that your company needs to navigate the system and provide high quality healthcare to your employees, protecting overall health, even during a pandemic.

Dr. Roger Moczygemba graduated from Texas A&M Health Science Center and then trained in Family Practice in the Navy. He has worked in Family Practice, Occupational Medicine and Urgent Care for 25 years, and was a telemedicine pioneer in primary care 17 years ago.

